

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Therapy
Skills Category	Individualised Therapy Intervention
Skills Standard Title	Assist with Individualised Therapy Care Plan Development
Skills Standard Descriptor	Assist in developing the individualised therapy care plan.
Skills Proficiency Level	Level 3 <i>Previously 'Advanced' under CCSSF</i>
Source Code	CCSSF-T-ITI-4002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Writing skills. • Communication skills. • Background medical info of client. • Current medical condition of client. • Importance of confidentiality of individualised therapy care plan. • Requirements of individualised therapy care plan. • Suitable therapy treatment for client medical condition. • Checklist for individualised therapy care plan development. • Definition of therapy care plan • Reasons for therapy care plan. • 7 components of therapy care plan which may include (not limited to): ○ Assessment of clients' needs ○ Problem identification ○ Comprehensiveness of the care plan, including problem statements, goal statements, and service descriptors ○ Timeliness ○ Objectivity ○ Approval process ○ Consumer participation • Information which may include (not limited to): ○ Functional status ○ Performance reaction ○ Feedback on difficulty • Organisational policies and procedures which may include (not limited to): ○ Assisting with Individualised Therapy Care Plan Development ○ Communicating with client ○ Incident management ○ Assisting in interventions in consultation with qualified personnel ○ Reinstating all tools and equipment used • Provisions of National Infection Prevention and Control Guidelines for Long-Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection

	○ Outbreak ○ Hand hygiene ● Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) ○ Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Give inputs (appropriate treatment) to therapist on the therapy care plan to be developed with supporting reasons based on the medical background info and observation of client in accordance with organisational procedure. ● Propose to therapist the changes on therapy care plan based on needs and capacity of client eg increasing or decreasing amount of exercises in accordance with organisational procedure. ● Assist therapist by seeking clarification from client on his/her current medical condition when developing therapy care plan in accordance with organisational procedure. ● Seek clarification from client respectfully considering his/her requests, comfort level in accordance with organisational procedure. ● Provide info and clarification to therapist as requested by therapist when developing the individualised therapy care plan which may include (not limited to) in accordance with organisational procedure: ○ Physical status ○ Functional status ○ Family expectation ● Explain individualised therapy care plan to client in accordance with organisational limits of authority. ● Finalise writing of individualised therapy care plan for therapist endorsement in accordance with organisational procedure. ● Carry out individualised therapy care plan and record observation in accordance with organisational procedure.
Person-Centred Care <i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of</i>	Underlying principles: ● Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services ● To be mindful of client's need of reassurance

<i>the person they are taking care of.</i>	
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	• The support care staff is able to assist with individualised therapy care plan development in a manner that is respectful of client's dignity, taking into consideration his/her condition, preferences and comfort level.